



# PRODUCT SPECIFICATION SHEET

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## Gourmet Sprouts 125g - SHO06R

A collision of snow pea, alfalfa and lentil, the Gourmet blend delivers on taste and presentation. Taste wise, each component gets equal air time and combines to produce a sweet and earthy, crunchy mouthful that adds texture and substance.

**Flavour:** Crisp, sweet, mild and earthy

**Uses:** Lift the ordinary into the extraordinary with these tasty culinary highlights. Use as a great bedding for light canapés or as a fresh lift for deep fried food. An ideal salad base which can comfortably carry a light dressing or even fish.

**Appearance:** A mix of crisp snow pea stalks, laced alfalfa strands and soft-centred sprouted lentils

**Storage:** To maintain freshness, store Flowerdale Farm shoots between 1-4 degrees C. Gourmet Sprouts should be consumed within 14 days of packing. Rinse lightly under cold clean water before use.

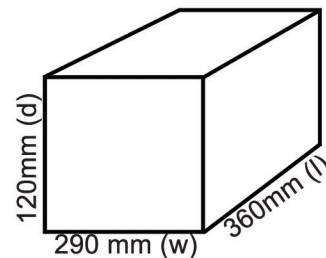
**Health Benefits:** This blend is high in protein and provides a good source of calcium vitamin B1, C, and niacin. Rich in fibre, folate magnesium and iron.

**Product Sizes:** 125g (3 in 1) (Box of 12 wholesale)

**Availability:** Flowerdale Farm's Gourmet Sprouts are cultivated in hydroponic conditions and are available year round



### Box Dimensions:



### Palliation & Transport:

Unit weight net: 125g

Units per outer: 12

Boxes per layer: 12

Layers per pallet: 18

Box gross weight: 2.4kg

Box dimensions: 290mm (w) x 360mm (l) x 120mm (d)

Unit dimensions: 95mm(w) x 177mm(l) x 60mm(d)

### Pallet Configuration: 12 boxes per layer

