



PRODUCT SPECIFICATION SHEET

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Red Lentil Sprouts 150g- SPR12R

Soft-centred lentil sprouts act brilliantly as a carriage for other flavours whilst contributing an earthy rich flavour. They are excellent for adding textural strength and density to a dish.

Flavour: Earthy and rich they have an outer crispness with a soft centre.

Uses: Used fresh, they add crunch and a crisp twist to Middle Eastern food and blend beautifully into casseroles, soups, meal bases, dips and wraps.

Appearance: Orange / red round lentil heads with short, white sprout tails.

Storage: To maintain freshness, store Flowerdale Farm Red Lentil Sprouts between 1-4 degrees C. Sprouts should be consumed within 15 days of packing. Rinse lightly under cold clean water before use.

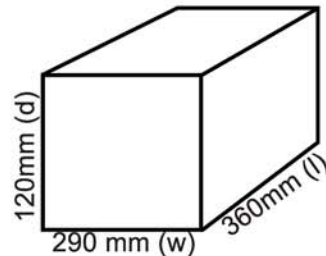
Health Benefits: Red Lentil Sprouts are a very good source of fibre, folic acid, manganese, iron and protein. They also contain phosphorus, copper, vitamin B and potassium.

Product Sizes: 150g (Box of 12 x 150g available wholesale)

Availability: Flowerdale Farm Red Lentil Sprouts are cultivated in hydroponic conditions and are available year round.



Box Dimensions:



Palliation & Transport:

Unit weight net: 150g

Units per outer: 12

Boxes per layer: 12

Layers per pallet: 18

Box gross weight: 2.2kg

Box dimensions: 290mm (w) x 360mm (l) x 120mm (d)

Unit dimensions: 95mm(w) x 177mm(l) x 60mm(d)

Pallet Configuration: 12 boxes per layer
